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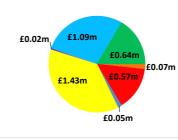
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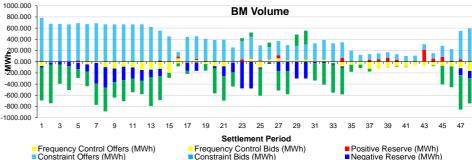
Energy Imbalance

Positive Reserve (Op Res + STOR)

Negative Reserve (Footroom)

Frequency Control (Response + Fast Reserve)

- Other Reserve (Ancillary Costs Only)
- Constraints (BM & Trades only)
- Other (Reactive + Black Start + BM & AS General)



 Frequency Control Offers (MWh)
Constraint Offers (MWh) Other (MWh)

Negative Reserve (MWh)

Commentary

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The market was alternating between long and short throughout the day. Trades were required for Downward Regulation.

BM Actions helped manage thermal constraints in Scotland and North England during the day. Trades and BM Actions supported Voltage Control.